



Letter for Parents/Guardians

Dear Parents,

Thank You for choosing Camp Caraway! We have an awesome weekend planned for your children on Jan. 14-16, 2023. Please take time to thoroughly read the below information so that you and your child will have the best experience possible.

Program: We are intentional to use fun in growing faith, developing relationships, building skills, and serving others. Our camp staff are carefully screened and trained. We as a staff will do everything that we can to help make this weekend the best experience possible. During the weekend campers will be encouraged to participate and do their best in each activity. The level of participation is always the choice of the camper. We want you to be as well informed as possible. Please contact us with questions.

Medical & Release Forms: Your group leader will email you a link to go online and complete health history and sign forms for your child. Campers will not be allowed to come to camp without properly completed forms online. Please place all medication in a zip bag in the original packaging with your child's full name, age, and group name written on the bag. Give these medications to your group leader.

Pictures: We will post pictures daily on our Facebook page: www.facebook.com/campcaraway, and Instagram: carawayandcamps.

Emergency Contact: Campers MAY NOT have cell phones or call home on their own. Their group leader or camp administrator can help them call home if needed. We will keep you well informed if needed and can deliver any important messages to your camper if necessary. We will call you using the numbers you provided in the health form any time we have concerns about your child's health or behavior. Chaperones are allowed to have cell phones on silent and can deliver messages if needed. Thank you for not sending cell phones or electronics with your camper.

Money: Your child, with the close assistance of their chaperone, will be responsible for his or her money. This money needs to be in a zip bag labeled with his or her full name and church name. They will have the opportunity to visit The Post Camp Store daily to purchase optional Caraway gifts and snacks. We will also receive a missions offering to teach the importance of giving.

Special Concerns: The church leaders and adult chaperones that brought your child are responsible for them. Our staff are trained to approach special concerns with campers such as medical conditions, bed-wetting, or home sickness with the utmost respect and confidentiality and will gladly assist the group leaders as requested. We will also seek the advice and assistance of the adult chaperones from your church that will attend with your child. You can help us prepare your child for success with these needs.

Medical Conditions: Please document all medical conditions, needed medications, and other pertinent information on the health history form. If needed, please have a church leader share any clarifications or special concerns with us at the medication check in table on Saturday. If your child has any special food needs, please contact me the week before his or her camp arrival so we can make arrangements to serve him or her best.

Bedwetting: document this on the health history form so the camp chaperone will be prepared for the possibility to assist your child. We suggest you consider pull up absorbent overnight undergarments or disposable bed linen covers. Both of these can be discreetly used. If a child does soil his or her bed our staff



will discreetly assist the chaperone and camper by washing the linens and in giving the child reassurance and support when needed.

Homesickness: Homesickness is normal and many campers may experience a little homesickness at some point during their camp session. Parents can help with homesickness with patience and preparation. Please consider some of these tips to help your camper deal with homesickness in a healthy way at camp: Encourage your child's independence throughout the year. Your child's confidence and independence will be a great reward for completing a weekend at camp; During the weekend, if you are worried about how your child is adjusting please call us and speak to us about your child. We will gladly check on your child for you; don't feel guilty about encouraging your child to stay at camp. Camp can be a great first step towards independence and can play an important role in the growth and development of your child.

Behavior & Bullying: Campers and adults are given clear expectations and rules for the weekend when they arrive. We expect campers to follow these expectations and to treat each other as they want to be treated. Our staff is trained well in motivating and disciplining campers appropriately and will assist the church chaperones when needed. Bullying or picking of any kind is inexcusable and not tolerated here. If your child does not follow our expectations and rules after disciplinary action, we will call you to make a plan of action.

Monday: Camp will be complete around 2:30-ish p.m. The church group leader will give you an estimated time of arrival. Please contact your group leader with questions about transportation.

I am looking forward to your child's arrival at camp. I, as well as our entire staff, am praying that your child will have many enjoyable, growing and rewarding experiences this winter at Camp Caraway.

Sincerely,

Mark Moore

Mark Moore

Camp Caraway Children's Program Director

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Packing List

Please Label all items with the camper's name

- Bible, pen, paper
- 1 rain coat or poncho
- Warm Coat
- Winter Hat
- Winter Gloves
- Scarves (optional)
- Warm Socks
- Clothes (comfortable; bring enough to layer clothing if needed; weather appropriate clothes that can get dirty)
- 2 tennis shoes (one pair should be shoes that can get dirty)
- underclothes
- twin sheets & blanket or a sleeping bag
- pillow
- towels
- toiletry articles (toothpaste, toothbrush, shampoo, soap, etc.)
- shower shoes or flip flops (not to be worn during recreation times)
- large dirty clothes bag
- pajamas or sleep wear
- flashlight with good batteries
- Water bottle (we will have Caraway bottles for sale at The Post Store)
- Store and missions offering money in a plastic zip bag labeled with their name, and church
- Small lightweight back pack to carry water bottle, Bible, poncho, etc.
- See the what not to bring list



What Not to Bring

- ❖ Cellular phones, tablets, any electronics
- ❖ Any animals or pets
- ❖ Fireworks of any kind
- ❖ Firearms or weapons
- ❖ Any type of illegal drugs, tobacco, electronic cigarettes, mayonnaise, or alcohol
- ❖ Thank you for not sending any food to camp with your child. If special arrangements for snacks need to be made for medical reasons, please make this known at check in and we will gladly accommodate the request.
- ❖ Caraway is not responsible for any personal belongings.

Thank you for following these and all camp guidelines!



Camp Caraway Olympic Challenge

Sample Schedule (Subject to Change)

Saturday:
10:00 – 10:45 AM Check-In
11:00 - Move into cabins & create team name
12:00 PM – Lunch in Davis Dining Hall
1:00 – Opening Ceremony at Jackson Hall
2:00 – 5:00 – Olympic Games 1
5:30- Dinner
6:30 – Worship in Jackson Hall
7:30 – Church debrief and Free Time
8:30 PM – Optional Evening Activity
9:30 - Get Ready for Bed
10:30 – LIGHTS OUT
Sunday
7:00 AM - Wake up and prepare for day
8:00 AM - Breakfast in Davis Dining Hall
8:40 AM – Team quiet time
9:00 AM – Worship in Jackson Hall
10:00 – 12:00 PM- Olympic Games 2
12:00 PM- Lunch
1:00 – 2:00 PM – Free/rest time
2:00 – 5:00 PM – Olympic Games3
5:30 PM - Dinner
6:30 PM – Worship in Jackson Hall
7:30 PM – Church group debrief, free time, & snack time!
9:30 - Prepare for bed



Monday:
7:00 AM - Wake up and Pack up Cabin
8:00 AM - Breakfast in Davis Dining Hall
8:40 AM – Team Quiet Time
9:00 AM - Worship in Jackson Hall
10:00 – 12:00 PM- Final Olympic Games
12:00 PM - Lunch
1:00 PM - Closing Program and Medal Ceremony
2:00 PM – Pack up. See you this summer!