



Letter for Parents/Guardians

Dear Parents,

Thank You for choosing Camp Caraway! We have an awesome weekend planned for your children on Jan. 13-15, 2024. Please take time to thoroughly read the below information so that you and your child will have the best experience possible. If you have any questions, please start with your group leader. Then, contact us if you need our assistance: 336-521-9207.

Program: We are intentional to use fun in growing faith, developing relationships, building skills, and serving others. The chaperones from your church/group will be responsible for your child. Our staff provide the program and assist the chaperones as requested. The camp staff that will be with your children are carefully screened and trained. We as a staff will do everything that we can to help make this weekend the best experience possible. During the weekend, campers will be encouraged to participate and do their best in each activity. The level of participation is always the choice of the camper. We want you to be as well informed as possible. Please contact us with questions.

Health: If your child is ill or has a fever of 100F within 24 hours of the camp start date, they may not come. Please encourage and prepare your child to wash their hands often, cover their mouth when they cough, drink water often, and tell an adult if they do not feel normal. Drinking water often, even in the winter, is important for their health.

Medical & Waiver Forms: Your group leader will send you the link to register your child online that is specific for your group. Campers will not be allowed to come to camp without properly completed forms online, which must be filled out by their legal guardian. Please list any over the counter, prescription medications, vitamins, or supplements your child will need to be administered at camp. Please place all medication in a zip bag in the original packaging with your child's full name, age, and group name written on the bag. **If the medication/vitamin/supplement is not listed on the forms online, we will not be able to administer it while they are at camp.** Additionally, be sure to note any special diet or food allergies on your Medical Form. (See Below for more details).

Pictures: We will post pictures daily on our Facebook page: www.facebook.com/campcaraway, and Instagram: carawayandcamps.

Emergency Contact: Campers **MAY NOT** have cell phones or call home on their own. Their church group leader or camp administrator can help them call home if needed. We will keep you well informed if needed and can deliver any important messages to your camper if necessary. We will call you using the numbers you provided on your forms any time we have concerns about your child's health or behavior. Chaperones are allowed to have cell phones and can deliver messages if needed. Thank you for not sending cell phones or electronics with your camper.

Money: During the online registration process, you will have the option to add money to your child's account for them to purchase items while at camp. You may add to this during the weekend too. If you prefer your child to bring cash, your child, with the close assistance of their chaperone, will be responsible for his or her money. This money needs to be in a zip bag labeled with his or her full name and church name. They will have the opportunity to visit The Post Camp Store daily to purchase optional Caraway gifts and snacks. We will also collect a missions offering to teach the importance of giving.



Special Concerns: The church leaders and adult chaperones that brought your child are responsible for them. Our staff are trained to assist and approach special concerns with campers such as medical conditions, bed-wetting, or homesickness with the utmost respect and confidentiality and will gladly assist the church leaders as requested. We will also seek the advice and assistance of the adult chaperones from your church that will attend with your child. You can help us prepare your child for success with these needs.

Medical Conditions: Please document all medical conditions, needed medications, and other pertinent information on the forms online. If needed, please have a church leader share any clarifications or special concerns with us at the medication check in table on Saturday.

Special Diets & Food Allergies: At Camp Caraway, we take food allergies very seriously. Our chef and kitchen staff accommodate and provide alternative meal options as much as possible. We can typically work around most allergies including gluten, dairy, soy, nuts, egg, and corn. It is important to note that our facility is NOT a nut free, dairy free, soy-free, egg-free environment. Although our staff prepares our special diet meals on a separate counter and appliances in the kitchen, we do not have a dedicated kitchen for these meals.

If you have any questions or concerns on whether or not we can accommodate your dietary needs, please call our office during office hours from 9am - 5pm or by email to our Director of Food Service at cpowell@caraway.org. **Please make sure to communicate all allergies on your health form** and call our office with more details if needed. If we cannot provide your full dietary needs, we invite all of our guests to bring their own supply of snacks and personal meal supplements and offer a small amount of space to store refrigerated items in the Dining Hall area.

Bedwetting: Please document this concern on your child's registration so that the camp chaperone will be prepared for the possibility to assist your child. We suggest you consider pull up absorbent overnight undergarments or disposable bed linen covers. Both of these can be discreetly used. If a child does soil his or her bed our staff will discreetly assist the chaperone and camper by washing the linens and giving the child reassurance and support when needed.

Homesickness: Homesickness is normal and many campers may experience a little homesickness at some point during their camp session. Parents can help with homesickness with patience and preparation. Please consider some of these tips to help your camper deal with homesickness in a healthy way at camp:

- Encourage your child's independence throughout the year, such as sleepovers at a friend's house.
- Discuss what camp will be like with your child before leaving and call us with questions.
- Send your camper a letter.
- Please do not bribe; linking a successful stay at camp to a material object may send the wrong message.
- Remember that your child's confidence and independence will be a great reward for completing a weekend at camp!

Please honor our no cell phone policy. We will call you if needed. During the weekend, if you are worried about how your child is adjusting, please call us and speak to us about your child. We will gladly check on them for you. Don't feel guilty about encouraging your child to stay at camp. This experience can be a great first step towards independence and can play an important role in the growth and development of your child.



Behavior & Bullying: Campers and adults are given clear expectations and rules for the weekend when they arrive. We expect campers to follow these expectations and to treat each other as they want to be treated. Our staff is trained well in motivating and disciplining campers appropriately and will assist the church chaperones when needed. Bullying or picking of any kind is inexcusable and not tolerated here. If your child does not follow our expectations and rules after disciplinary action, we will call you to make a plan of action.

Departure: Camp will be complete around 2:15-ish p.m on Monday. The church group leader will give you an estimated time of arrival. Please contact your church group leader with questions about transportation.

I am looking forward to your child's arrival at camp. I, as well as our entire staff, am praying that your child will have many enjoyable, growing and rewarding experiences this winter at Camp Caraway.

Sincerely,

Mark Moore

Mark Moore

Camp Caraway Children's Program Director

Call or text: 336.521.9207

mmoore@caraway.org



Packing List

Please Label all items with the camper's name

- Bible, pen, paper
- 1 rain coat or poncho
- Warm Coat
- Winter Hat
- Winter Gloves
- Scarf
- Warm Socks
- Clothes (comfortable; bring enough to layer clothing if needed; weather appropriate clothes that can get dirty)
- 2 tennis shoes (one pair should be shoes that can get dirty)
- underclothes
- twin sheets, blanket or a sleeping bag, and pillow
- towels, wash cloth
- toiletry articles (toothpaste, toothbrush, shampoo, soap, etc.)
- shower shoes or flip flops (not to be worn during recreation times)
- large dirty clothes bag
- pajamas or sleep wear
- flashlight with good batteries
- Water bottle (we will have Caraway bottles for sale at The Post Store)
- Store and missions offering money in a plastic zip bag labeled with their name, and church
- Small lightweight backpack to carry water bottle, Bible, coat, etc.
- See the **What NOT to Bring** list below



What Not to Bring

- ❖ Cellular phones, tablets, or any electronics
- ❖ Any animals or pets
- ❖ Fireworks of any kind
- ❖ Firearms or weapons
- ❖ Any type of illegal drugs, tobacco, electronic cigarettes, or alcohol
- ❖ Thank you for not sending any food to camp with your child unless it is for a special diet concern!
- ❖ Caraway is not responsible for any of your personal belongings.

Thank you!